

DAV UNIVERSITY, JALANDHAR

Minutes of Board of Studies Meeting for the Syllabi of Physical Education Courses (B.Sc in Health and Physical Education, BPEd-2 year, MPED-2 year, Ph.D. Course work, PG Diploma in Yoga, Value added courses(6months) : Monday, 26th July 2021.

Board of Studies meeting for **B.Sc in Health and Physical Education , BPEd-2 year, MPED-2 year, Ph.D. Course work, PG Diploma in Yoga, Value added courses (6months) : Monday, 26th July 2021 in DAV University Committee Room”** at 11:30am.

Members of the Board of Studies were:

Sr. No	Name	Designation	Affiliation
1	Dr. R.K.Seth	Dean Academics	DAV University, Jalandhar
2	Dr. Yajuvinder Rajput	Associate Professor and Extension Officer, Department of Physical Education	LNIFE, Gwalior
3	Dr. Yeshbeer Singh	HOD, Department of Physical Education	DAV University, Jalandhar
4	Dr. Komal Jain	Assistant Professor (Department of Physical Education)	DAV University, Jalandhar
5	Mr C.P. Singh	Assistant Professor (Department of Physical Education)	DAV University, Jalandhar

Note: Amendment has been made in the curriculum and the sheets has been attached from page no.2:

Proposed subject matter / syllabi of B.Sc in Health and Physical Education , BPEd-2 year, MPED-2 year, Ph.D Course work, PG Diploma in Yoga, Value added courses(6months) is approved with the amendments if any , as mentioned in the attached sheets from page no. 2.

Dr.R.K.Seth

Dr.Yujvinder
Rajput

Dr Yeshbeer
Singh

Dr Komal
Jain

Mr C.P
Singh

DAV UNIVERSITY, JALANDHAR

Minutes of the Board of Studies Meeting for the Syllabi of B.Sc in Health and Physical Education, BPed-2 year, MPed-2 year, Ph.D. Course work, PG Diploma in Yoga, Value added courses(6months) held on 26th July 2021 . Amendments are mentioned in the table as mentioned below:

Sr No.	Programme	Semester	Course	Amendments
1	B.Sc in H. & PE	I	History Principle & Foundations of Physical Education	Shifted from semester V to semester I. Some contents added in Unit I. Unit II shifted to Unit IV excluding some content. Unit III Shifted to Unit II. Unit IV shifted to Unit III with remains of some content from Unit IV Approximately 25 % syllabus updated.
2	B.Sc in H. & PE	I	Game Specialization I	Activity Specified
3	B.Sc in H. & PE	I	Posture and Massage	Shifted from semester II to Semester I. Some Content added in Unit I. Some Content shifted from Unit I to Unit II. Some content shifted from unit II to Unit III. Some Content shifted from Unit III to Unit IV. Unit IV excluded partially. Approximately 30 % syllabus updated.
4	B.Sc in H. & PE	II	Anatomy and Physiology	Shifted from Semester V to Semester I. Title changed from Anatomy and Exercise Physiology to Anatomy and Physiology. Some Content added in Unit I. Some content shifted from Unit I to Unit II. Some Content shifted from Unit II to Unit III.

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				Some content shifted from Unit III to Unit IV with some addition. Approximately 30 % syllabus updated.
5	B.Sc in H. & PE	II	Recreation & Camping	Title Changed, Excluded Health Education. Unit II bifurcated into Unit I & Unit II. Some content added in Unit III. Approximately 50% syllabus updated.
6	B.Sc in H. & PE	II	Game Specialization	Activity Specified.
7	B.Sc in H. & PE	II	Olympic Movement	Shifted from semester V to Semester II
	B.Sc in H. & PE	II	Drills /Calisthenics/ Indigenous games - II	Course name changed and a unit of Indigenous games added. Approx. 25% syllabus updated.
8	B.Sc in H. & PE	III	Health Education	Title Changed, Excluded Recreation and Camping. Unit I Bifurcated into Unit I, II, III, IV with some additions. Approximately 50% syllabus updated
9	B.Sc in H. & PE	III	Game Specialization	Activity Specified.
10	B.Sc in H. PE	III	Sports Journalism	Some Content added in Unit II. Approximately 10 % syllabus updated.
11	B.Sc in H. PE	IV	Global Perspective in sports business	Some content excluded from unit I. Approximately 5 % syllabus updated.
12	B.Sc in H. PE	IV	Game Specialization	Activity Specified.
13	B.Sc in H. PE	IV	Physical Education for special children	Shifted from semester I to semester IV
14	B.Sc in H. PE	V	Management in physical education	Title changed from sports management to management in physical education.

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				Shifted from semester II to semester V. Content from Unit III shifted to Unit II. Unit III new content added. Content from Unit II shifted to Unit IV. Approximately 30% syllabus updated.
15	B.Sc in H. PE	V	Common Sports Injuries, Prevention & Care	Shifted from Unit I to Unit V. Some content added in Unit II, III, IV. Approximately 35% syllabus updated.
16	B.Sc in H. PE	V	Game specialization	Activity specified.
17	B.Sc in H. PE	V	Organizational Behaviour	Shifted from semester Iv to Semester V.
18	B.Sc in H. PE	V	Fundamentals of sports training	Title changed from Fundamentals of Coaching & Officiating to Fundamentals of sports training. Unit I & Unit II bifurcated into unit I,II, III, IV. Approximately 50% syllabus updated.
19	B.Sc in H. PE	VI	Sports Nutrition & Weight Management	Some Contents added in unit I and some removed. Approximately 15% syllabus updated.
20	B.Sc in H. PE	VI	Game Specialization	Activity Specified.
21	B.Sc in H. PE	VI	Movement Education	New Subject added in replacement of Education Technology
22	BPED	I	Fundamentals of Officiating & Coaching	Title changed from Fundamentals of Coaching & Officiating to Fundamentals of Officiating & Coaching
23	BPED	I	History Principle & Foundations of Physical Education	Some Contents added in Unit IV Approximately 10% syllabus updated.
24	BPED	I	Anatomy & Exercise Physiology	Some Content added in Unit IV Approximately 15% syllabus updated.

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25	BPED	I	Yoga Education	Theory and Practical syllabus clubbed together.
26	BPED	IV	Theory of Sports & Games	Unit III & Unit IV replaced Total 50% syllabus updated.
27	M.P.Ed	I	Research Process in Physical Education & Sports Sciences	Course title name changed as Applied Statistics portion was merged but now it has been placed as separate subject in Sem – II. Some contents added in Unit – IV. Approx 30% syllabus has been updated.
28	M.P.Ed	I	Yogic Sciences	Subject shifted from elective to core as per NCTE guidelines and some contents added in theory and practical and both syllabus clubbed together. Approx 10% syllabus updated
29	M.P.Ed	I	Test, Measurement and Evaluation in physical education	Subject shifted from core to elective as per NCTE guidelines and some contents added. Approx 10% syllabus updated
30	M.P.Ed	II	Applied Statistics in Physical Education and Sports	New Subject added as earlier one unit was merged in Research. Approx. 80% syllabus updated
31	M.P.Ed	II	Sports Biomechanics & Kinesiology	Practical syllabus clubbed with theory.
32	M.P.Ed	II	Sports Medicine, Athletic Care and Rehabilitation	Two subjects namely Sports Medicine and Athletic care and Rehabilitation have been merged. One subject was in Sem II and other in Sem – III. Practical syllabus clubbed with theory. Approx. 35% syllabus updated
33	M.P.Ed	II	Sports Journalism and Mass Media	Some contents added. Approx. 10% syllabus updated
34	M.P.Ed	II	Sports Management & Curriculum Design in Physical Education	Some contents added. Approx. 5% syllabus updated
35	M.P.Ed	III	Science of Sports Training	Some contents added. Approx. 15% syllabus updated
36	M.P.Ed	III	Community Service	New subject is added.

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37	M.P.Ed	III	Sports Engineering	Title changed and syllabus contents also changed as per NCTE guidelines. Approx.80% syllabus updated
38	M.P.Ed	III	Physical fitness and wellness	Some contents added. Approx. 15% syllabus updated
39	M.P.Ed	IV	Information & Communication Technology (ICT) in Physical Education	Syllabus changed as per NCTE guidelines and both theory as well as practical syllabus added with 50 percent weightage of both. Approx 50% syllabus updated
40	M.P.Ed	IV	Sports Psychology and Sociology	Some contents added. Approx. 5% syllabus updated
41	M.P.Ed	IV	Professional Preparation in Physical Education	Some new syllabus contents added. Approx. 15% syllabus updated
42	M.P.Ed	IV	Dissertation	The subject shifted from Elective to core theory and 5% syllabus updated.
43	M.P.Ed	IV	Educational Technology in Physical Education and Sports	Syllabus contents added and revised. Approx 50% syllabus updated
44	M.P.Ed	IV	Adapted Physical Education	Some contents added. Approx. 15% syllabus updated
45	PG Diploma in Yoga	I	Naturopathy and Swasth -vrita	Syllabus content reduced and practical merged Approx. 30 % updated
46	PG Diploma in Yoga	II	Pranic and Accupressure Practical	Contents merged in Alternative Therapy
47	PG Diploma in Yoga	II	Yoga and Alternative Therapy	Syllabus content reduced and practical merged Approx. 50 % updated
48	PG Diploma in Yoga	II	Teaching Practice - Internship	New subject added

NOTE: Value added courses are offered in the following streams:

1. Yoga and Wellness 2. Fitness Management 3. Yoga Therapy 4. Sports Psychology 5. Officiating and Coaching in Athletics
2. Special Bonus Credit for Extracurricular activities revised and to be implemented to the students who participate in any of the mentioned activity.

*** Syllabus contents of P.h.D. in Physical Education and Value added courses are same as previous years.**

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