

Academic Year: 2019 – 2020

National Conference and Workshop on “Psychological Disorders in Conflicting World: Role of Positive Psychology and Mental Health”

National Conference and Workshop on **Psychological disorders in Conflicting World: Role of Positive Psychology and Mental Health**, was organized by the Department of Psychology in collaboration with the Department of Education, DAV University on 27- 28 February, 2020.

The event was a symposia for the Academicians, trained Psychologists, Counselors, Research scholars and Students to gain the enormous repository of exploratory knowledge to encourage psychological well-being and promote programs based on Positive psychology and harnessing the power of shifting ones perspective to maximize the individual’s potential.



National Workshop on Anger Management

National Workshop on **Anger Management** was organized by the Department of Psychology in collaboration with the Department of Education, DAV University on 27 February, 2020.

There a number of aspects covered in this workshop such as Stress Management and Coping, Public Health Promotion, Conflict Identification and Adolsecents, Addiction and Self-regulatory behaviour, Drug Use and Mental Wellbeing.



National Workshop on Behavioural Assessment and Psychometric Testing

National Workshop on **Behavioural Assessment and Psychometric Testing** was organized by the Department of Psychology in collaboration with the Department of Education, DAV University on 28 February, 2020.

During the workshop, a number of tests were conducted which included: Psychological Well-Being Test, Oxford Happiness Scale, Self-Esteem Test, Self-Efficacy Test, Resilience Test, Test for Learned Optimism, and Locus of Control.



