

NATIONAL CONFERENCE AND WORKSHOP

on

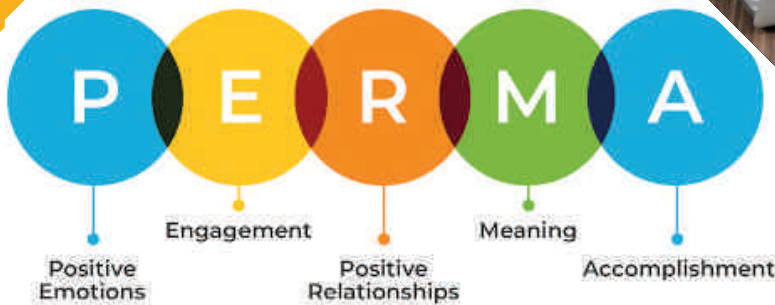
PSYCHOLOGICAL DISORDERS IN CONFLICTING WORLD
-The Role of Positive Psychology
and Mental Health



**27th - 28th
FEB
2020**



The **HAPPINESS** of your
life depends on the
QUALITY of your
THOUGHTS



ORGANISED BY

**DEPARTMENT OF PSYCHOLOGY
AND EDUCATION
DAV UNIVERSITY
JALANDHAR**



VISION

The burden of Psychological disorders continues to have significant impact on Health and major Social, Human rights and economic consequences globally. At the same time there is growing interest in the understanding and enhancing positive mental health and Wellbeing; particularly from development in the fields of positive psychology and mental health.

Positive psychology describes a dual approach to mental health; where we build strengths, supports and healthy lifestyles. This field continues to evolve in size, scope and widespread public interest since its inception nearly 20 years back and has shimmered hope with aiding people who struggle with psychological disorders.

MISSION

DAV University, Jalandhar governed by DAV College Managing Committee holds the vision to provide excellent human resources to public and private sectors ensuring multidimensional growth.

The Department of Psychology has been evident in promoting the Mental health awareness and Psychological wellbeing through conferences, seminars, interactive discussions and rigorous research work. The upcoming event is a symposia for the Academicians, trained Psychologists, Counselors, Research scholars and Students to gain the enormous repository of exploratory knowledge to encourage psychological well-being and promote programs based on Positive psychology and harnessing the power of shifting ones perspective to maximize the individual's potential.

SUB THEMES

Positive psychology and Mental health	Prevalence and Prevention in Mental Health
Applied positive psychology	Neuroscience and Mental health
Positive traits, Strengths and Virtues	Diagnosis and Therapy
Theories and methods of Positive psychology	Clinical disorders
Application and Research findings in Positive Psychology	Personality disorders
Epidemiology of Mental Health	Mental Health and Biological Basis
Happiness and wellbeing	Neuro-Linguistic Programming (NLP)
Vedas and Mental health	Special Education and Mental Health
Culture and positive psychology	AYUSH: Ancient Mechanism of Mental health
Yoga and meditation	Developmental Psychology
Positive thinking and emotions	Emotional Biochemistry of Mental Health
Altruism and Positive psychology	Environment and Community Psychology
Human Resilience in Positive psychology	Addiction and Self-regulatory behavior
Mindfulness and Spiritual wellbeing	Motivation, Social development and Mental Health
Life above Zero	Mental Health and Behavioral Economics
Organizational Psychology and mental wellbeing	Creativity and Innovation
Positive Mental Attitudes	Gratitude over Habituation
Optimism and Self esteem	Post-traumatic Growth
Positive education ,Learning and Coaching	Self-efficacy and Performance
Applied framework for Positive education	Stress management and Coping
Identity Conflict and adolescents	Public Health Promotion
Counseling psychology and Education	Gardening Chemistry and Mental health
Nutrition, Depression and mental illness	Drug use and mental Wellbeing
Alienation and mental wellbeing	Mental Wellbeing and organizational stress
Impact of Physical and Urban Environment on mental health	Mental Wellbeing and sports related activities
Psychological Disorders -Role of teachers	Mental Health Disorders Intervention in schools
Positive psychology and Academic Motivation	Effects of Positive psychology on child's mental health

*The given list is suggestive, not exhaustive. Any other relevant topic related to the general theme of the conference will be considered

KEYNOTE SPEAKER



Dr. UPDESH KUMAR

Scientist 'G'

Head , Mental Health Division,
Follow -Up Division and Technical Coordination ,DIPR, DRDO

Workshop on Anger Management

Date
February 27, 2020

Venue
Conference Hall ,DAV University



Dr. SHREYA PEHWA

RE & CBT Expert
Advanced training
from Albert Ellis
Institute ,New York
Branch Head -
Rationally Yours ; Bhopal
Founder-Manahsthti

WORKSHOP

on

BEHAVIORAL ASSESSMENT AND PSYCHOMETRIC TESTING

February 28, 2020 || Venue : Conference Hall

Resource Person : Dr. Jasbir Rishi and Dr. Harjot Kaur

TESTS FOR PSYCHOLOGICAL WELLBEING	Psychological Well-Being Test
	Oxford Happiness Scale
	Self-esteem Test
	Self-efficacy Test
	Resilience Test
	Test for Learned Optimism
	Locus of Control
SCALES FOR PSYCHOLOGICAL DISORDERS	Beck's Depression Inventory
	State Trait -Anxiety Inventory
	Depression - Anxiety- Stress Scale
	Perceived Stress Scale
PERSONALITY	NEO- Five Factor Inventory-3
	Eysenck's Personality Questionnaire
	Type -D Personality
	Minnesota Multiphasic Personality(MMPI)
	Projective tests :-
	Thematic Apperception Test
	Sentence Completion Test
INTERESTS INTELLIGENCE AND ADJUSTMENT TESTS	Tests of Intelligence :-
	Comprehensive Battery of Intelligence
	Raven's Standard Progressive Matrices
	Alexander's Pass - along Test
	Interest Inventory
	Home-Environment Inventory
	Adjustment Inventory

HANDS-ON TRAINING UNDER EXPERT'S GUIDANCE

Psycho-Feedback

- Biofeedback : Galvanic Skin Response (GSR), Pulse, Temperature and Respiration Rate.
- Neuro-feedback : Electroencephalogram (EEG) & Electromyography(EMG).

Multi Behavior Therapy

- Electro sleep
- Relaxation therapy (for Migraine patients)
- Brain Polarizer
- Sex Therapy
- Aversion Therapy.



Time Line

- Last date of the Submission of Abstracts : February 20th, 2020
- Notification of Acceptance : February 22nd, 2020
- Final Schedule: February 26th, 2020

CATEGORY	WORKSHOP ONLY	PAPER PRESENTATION INCLUDING 2 WORKSHOPS
TEACHERS/ACADEMICIANS/INDUSTRY EXPERTS / RESEARCH SCHOLARS	INR 1000 per workshop	INR 2000
TRAINEES/STUDENTS	INR 500 per workshop	INR 1500

* Two workshops INR 2000 for Teachers/ Research Scholars

** Two workshops INR 1000 for Students

Last date of Registration: February 25th , 2020

Registration process:

- A person can send one entry for presentation for the conference.
- Maximum number of registrations would be 100 on first come first served basis.
- Papers for presentation can be submitted online at psyconfdavu@gmail.com
- Abstracts can be sent till February 20th ,2020

Mode of Payment:

- All the payments should be made in favor of "REGISTRAR,DAV UNIVERSITY", payable at Jalandhar.
- The Registration fee can be paid directly in the account or through Demand Draft, in favor of "REGISTRAR DAV UNIVERSITY", payable at Jalandhar
- Name of the A/C holder: Registrar, DAV University

Bank branch name and Address:

- State Bank of India, DAV University Campus Branch, Sarmastpur, Jalandhar

MICR Code: 144002045 **Bank Account Number:** 32960453224

IFS Code: SBIN0016307

Unique Agency Code*- DAV University

Note: Bank Transactions must be communicated via e-mail: psyconfdavu@gmail.com and also to submit the same at registration desk, failing which no claim will be entertained.

Registration Form is attached along with brochure. The information required in the registration form must be sent via e-mail to psyconfdavu@gmail.com

Call for Papers:

All authors are encouraged to contribute to make and help shape the conference a great success through submission of their research abstracts, papers. Quality research contributions describing original and unpublished results of conceptual, empirical and experimental work in area of Positive Psychology, Mental health and Education are cordially invited for presentation at the conference. The conference solicits contributions of abstracts and research papers that address themes of the conference.

Special Abstract Booklet will be compiled and published by the committee for the delegates attending the conference.

**INTERNATIONAL WORKSHOP AND CONFERENCE ON
MENTAL WELLBEING- A STATE OF MENTAL HEALTH, ITS RELATION WITH
EDUCATION AND SOCIETY**



CHIEF PATRON

Dr. Punam Suri

Padam Shree Awardee
Chancellor, DAV University, Jalandhar
President, DAV CMC, New Delhi

PATRONS

Dr. Desh Bandhu Gupta

(Conference Director)
Vice-Chancellor
DAV University, Jalandhar

Sh. Rajan Gupta

IPS
Executive Director
DAV University, Jalandhar
(Former Director General of
Police, Punjab)

Dr. Sushma Arya

Registrar
DAV University, Jalandhar

Dr. Jasbir Rishi

(Conference Convener)
Dean Student Welfare
Head, Psychology Department,
DAV University, Jalandhar

VENUE

Conference Hall , Administrave Block, DAV University, Jalandhar

Contacts

9855027427, 9878479267, 9779914300, 9466183529, 8699433294

Email

psyconfdavu@gmail.com

DAV UNIVERSITY, JALANDHAR

Department of Psychology and Education

NATIONAL CONFERENCE AND WORKSHOP

on

**Psychological Disorders in Conflicting World –the Role of Positive Psychology and
Mental Health**

Registration Form

Full Name.....Sex (M/F).....

Designation.....

Institution/ Affiliation.....

Mailing Address.....

Mobile Number..... Email.....

Conferences and Workshops to be attended :

Category : Teacher Research Scholar Student
Academicians Industry Experts Trainees

	Tick (✓)	Name of Workshop
Conference (Two Workshops and Paper Presentation)		
Two Workshops		
One Workshop only		

Bank Transaction Details * : Online Demand Draft _____

* send the details via email - psyconfdavu@gmail.com